

Abstract Submission Guidelines

Important Dates:

The last date for abstract submission is **31st August 2017**

Acceptance letter will be sent to you via email by **15th September 2017**

Presenting author should REGISTER by **31st August 2017**

Abstract Submission (Free Communications):

Participants are cordially invited to submit abstracts based on their research/practice in accordance with the guidelines mentioned below. The submitted abstracts may be accepted for free papers (Oral Paper Presentation / Poster Presentation). Check the appropriate box.

1. It is mandatory for the presenting author to be a registered delegate.
 2. It will be Peer reviewed by experts for acceptance or rejection. The corresponding author will be informed via e-mail. The Committee decision is final and cannot be appealed.
 3. Abstracts cannot be identical to any abstract that has previously been presented at any international/national meeting prior to the APPICON 2017 or published in a medical journal. An update to prior work is accepted.
 4. Submission of an abstract indicates:
 - a) That the author(s) agree to comply with the abstract submission and presentation rules,
 - b) That the presentation is based on scientific and/or clinical methods that are ethical and valid, and
 - c) That all authors have contributed to and approved the abstract and its entire contents.
1. All accepted abstracts will be published electronically on digital media (e.g. CD-ROM/Pen drive) and distributed to all delegates.
 2. Accepted abstracts are official communications of the APPICON 2017. The presenting author agrees to register, attend the conference, and present the abstract as scheduled by the organising committee. The presenting

author **MUST REGISTER** for full conference by **31st August 2017** before the abstract can officially be accepted for inclusion in the final scientific program and official Program Book. Abstracts sent by presenters who have not paid registration fees by 31st August 2017 will not be included in the conference proceedings.

Instructions for Abstract Preparation

- 1) Not more than 250 words excluding the title and affiliations.
- 2) Font: Arial, Size 11, 1.5 line spacing
- 3) Abstracts should be uploaded online only through the abstract submission link on the conference website
- 4) No emails with attached files, hand written or hard copies or fax submission will be accepted.

Components of an abstract (word limit 250 words)

These are the basic components of an abstract in any discipline:

1. **Background:** In this section, the author should discuss about the root of the problem, set the theoretical background, its current scope in research/practice, the extent to which previous studies have investigated, and lacuna if any.
2. **Objectives:** In this section, the purpose for which the study was undertaken.
3. **Material & Methods/Procedure:** In this section, the author describes the rationale behind the selection criteria applied, parameters chosen, and the appropriate analytics used to ensure the reliability and the validity of the study.
3. **Results:** The results can be represented briefly – preferably as text or simplified tables.

4. **Conclusion/implications:** In this section, the author highlights the key points of the research, its contribution to the contemporary scientific fraternity and scope of future research in the field.

5. **Keywords:** 6-8 Keywords

6. **Mode of presentation preferred:** Oral/ Poster presentation

Important Deadlines and Mandatory Declarations

1. Online Submission is now available. Please follow the instructions detailed on this page. Your abstract submission will be acknowledged automatically by email, but this confirmation does not constitute official acceptance for presentation.

2. Statement of Responsibility

a) All co-authors must agree with the submitted results and conclusions, and consent to being listed as authors.

b) The abstract must not have been submitted in identical format to any other international/ National meeting.

c) Work involving humans or animals, or material derived from them must have been approved by an institutional ethics committee.

Acceptance Notification:

Authors will be notified by **15th September 2017** as to the acceptance status of their submissions. This includes the assignment of session category and presentation format (oral or poster). If your abstract is accepted, you must register no later than **20th September 2017 (with late payment fees)**. Unless you register by that date, your abstract will not be included in any APPICON 2017 abstract book or online publications or the official program book.

Declaration of Conflict of Interest

All contributors to a presentation are needed to disclose to the audience any conflicts of interests including financial or any other relationships with manufacturers of commercial products (including drugs, equipment's etc.) or services discussed in their presentations. The disclosure is not to

prevent a speaker from speaking about the product, but to allow the audience to judge whether speaker's interests and relationships have influenced the presentation.

Sample abstract

Effect of acute exercise and cardiovascular fitness on cognitive function: an event related cortical desynchronization study.

XYZ....

ABC Institute for Medical Sciences & Technology, India.

Background: There is an increasing trend in physical inactivity and obesity in the general population, which can contribute to cognitive decline. The effect of physical activity on cognition has gained importance in the research field.

Objectives: This study aimed to clarify the effects of acute exercise and cardiovascular fitness on cognitive function using the Stroop test in an aged population.

Material and methods: Old adults ($X \pm Y$ years) were assigned to either high-fitness group or low-fitness group, and they were subjected to an acute bout of exercise and cognition was assessed.

Results: Acute exercise improved cognitive performance regardless of the age ($p < 0.01$). Old adults with higher fitness levels received greater benefits from acute exercise than lower fitness levels.

Conclusion: These findings suggest that the beneficial effects of acute exercise on cognitive performance may result from exercise-induced attentional control.

Keywords: physical inactivity, obesity, exercise, cognition

Mode of presentation preferred: Oral